

200 THINGS TO DO WHEN YOU'RE BORED

1. Test out display mattresses
2. [Decorate a bus stop shelter](#)
3. Alphabetize your book, movie, or record collection
4. Buy yourself some new office supplies
5. [Build a time capsule to open in five years](#)
6. Call a friend and talk for no less than one hour
7. Cut a pair of jeans into shorts and decorate them
8. Make a fortune teller out of paper
9. [Write a list of things that you've done in the past year](#)
10. Play a drinking game while watching a Disney movie
11. Plan a road trip and map out places to stop along the way
12. Research the life of a strange celebrity, like Lisa Frank
13. Stretch your muscles for thirty minutes
14. Make an online dating profile
15. Hold a meeting at an office supply store
16. Drive around until you have seen fifteen dogs on walks
17. Read a story book out loud to your pet
18. Cover one of your walls in decorative washi tape
19. Have a contest to see who can get the most things at Walmart for \$5
20. Hold a bubble gun while you bike around a neighborhood
21. Make a s'more (and then some more...)
22. Run through a sprinkler



23. Make a list of everyone you've ever kissed
24. Play with bleach on photos for interesting effects
25. [Read Katie Sokoler's blog archives](#)
26. Conduct eye exams on strangers
27. [Figure out how many goats you'd be worth](#)
28. Take a nap facing the "wrong" way on your bed
29. Videotape an epic montage
30. Live tweet a very old movie as you watch it on DVD
31. Write three minutes worth of stand-up comedy material

32. Count how many rings a tree stump has
33. Play True American
34. Buy a homeless person a meal
35. Memorize all the cheers from the first Bring It On movie
36. Make an objective pros and cons list of having children
37. Read *all* the Terms Of Service
38. Schedule a cake testing, even if you're not getting married
39. Sneak in somewhere as part of another group
40. Learn how to juggle
41. Watch a movie with subtitles
42. Learn how to tendu in all five ballet positions
43. Make up a secret handshake
44. Pretend you're Beyoncé for six straight hours
45. Recreate a famous movie scene
46. Read twenty entries on Urban Dictionary
47. Write your own epitaph
48. Find a bidet and use it
49. Sign up for an improv comedy class
50. Play sleepover games like Light As A Feather or Truth Or Dare
51. Put a crazy color highlight in your hair
52. Go to the highest floor of the tallest building in your city



53. Try to name all fifty US states (bonus points for capitals)
54. Eat a jar of baby food
55. Find out everything that's open 24 hours within a ten mile radius
56. Organize your fridge or pantry by color
57. Take an extremely strange selfie
58. Make your own sushi
59. Try horse-maning with a friend
60. Dance with strangers in public places
61. Style your hair like Pippi Longstocking
62. Make jewelry out of office supplies
63. Do one of those stupid YouTube challenges
64. Donate all of your old electronics and cartridges

65. Research the history of another country in depth
66. Get a picture of yourself blown up into a cardboard cutout
67. Listen to all [The Lonely Island](#) songs in a row
68. Figure out how to explain the plot of Donnie Darko to someone who has never seen it
69. Jump in a fountain
70. Build a terrarium
71. Get a pedicure
72. [Celebrate whatever strange holiday today is](#)
73. [Get a caricature done of yourself](#)
74. Dance on top of bubble wrap
75. Make a zine
76. Fill up a disposable camera
77. [Come up with your life story in six words](#)
78. Visit a garden



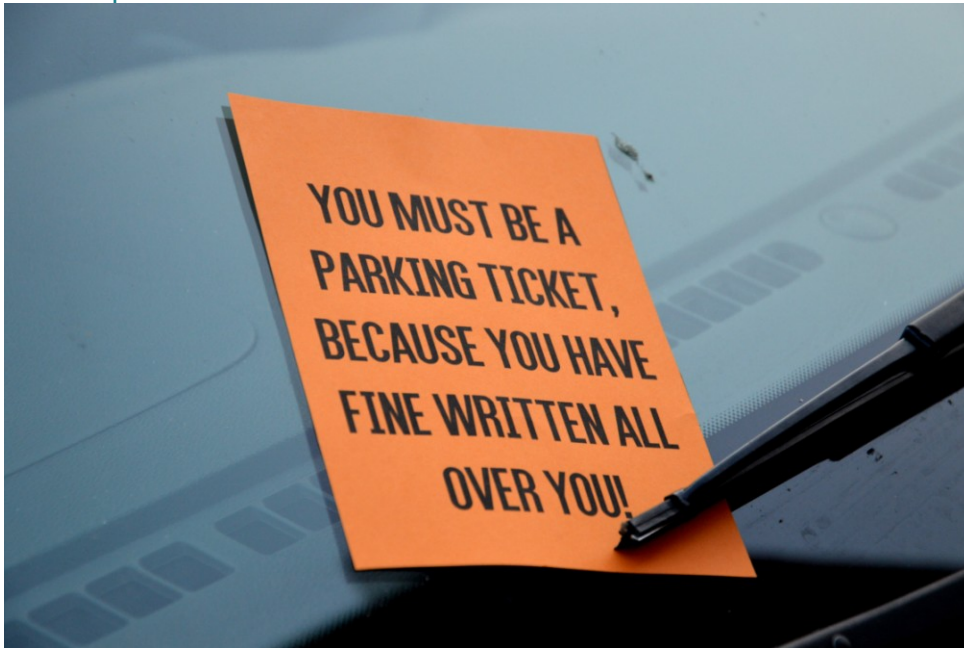
79. [Make a blackout poem](#)
80. Start a [Wreck This Journal](#)
81. Go to a museum, but just for the gift shop
82. Find out how many grapes you can hold in your mouth at once
83. Write fan fiction
84. Offer your help to someone who is overwhelmed
85. [Release a balloon into the sky](#)
86. Make a playlist of songs you only listened to in high school
87. Wear a name tag that says something other than your name
88. Send an envelope full of confetti to your best friend
89. Plan an elaborate scavenger hunt based on correctly answering riddles
90. Clean the thing in your house that you really hate cleaning
91. Have a photoshoot where you finally make overalls sexy
92. Make a friendship award for someone you love
93. See how many shirts you can wear at the same time
94. Get a slinky to go all the way down the stairs without stopping
95. Wear camouflage from head to toe and ask people if they can see you
96. Water plants
97. Sing your heart out in the shower to "Total Eclipse Of The Heart"

98. Figure out how to fold a fitted bed sheet
99. Hang out at IKEA
100. Make a list of 100 things to do when you're bored
101. Practice different types of claps (slow, golf, round of applause)
102. Take a photo of everything you carry in your purse
103. Write a letter to someone random
104. Turn your handwriting into a font
105. Try some fancy nail art
106. Fill balloons up with paint and throw darts at it
107. Leave a disposable camera out for strangers to use; come back and develop the film
108. Buy a confetti popper and turn somewhere random into a party
109. Turn a suitcase into a bed for your pet
110. Have a floating dance party with friends
111. Wear a top hat and carry a cane while running errands
112. Dip your toes in a lake, ocean, or stream
113. Schedule out your tweets for a week
114. Have a photoshoot of you jumping in the air
115. Cover your fridge in photos and magnets, or rearrange what's already on it
116. Finger paint, but with another part of your body



117. Test out all of the pens at a stationery store
118. Fill an enclosed space with balloons as a surprise

119. Take a jog and pretend you're Rocky
120. Write a letter to your Congressman, requesting that [Pluto](#) be reinstated as a planet
121. Do a next level high five (both of you on passing skateboards, perhaps)
122. Choreography a sexy strip tease
123. Go through the Guinness Book Of World Records and find a record you want to beat
124. Stick your head out of the car window like a dog
125. Make up a parody to a Top 40 song
126. Submit an article on [Listicle](#)
127. Leave positive notes on car windshields



128. Do a social experiment
129. Go through my [make out bucket list](#)
130. Ask store clerks for [absurd things](#)
131. Organize a flash mob
132. Work on your ventriloquist skills
133. Get something absurd [notarized](#)
134. Take some toys in the bathtub
135. Dress up as Waldo and walk through a crowd
136. Get a pair of giant pants and wear them at the same time as your best friend
137. Have a tea/slumber party with your pet/[stuffed animals](#)
138. Learn the choreography to the [cup dance](#)
139. Soak gummy candies in alcohol
140. Visit places in your state from [Roadside America](#)
141. Make some origami with giant paper
142. Call people and when they answer, say your full name and how you know them: "This is Mary England. From friendship."
143. Leave your friends funny voicemails
144. Practice your karaoke act
145. Do a time lapse video of an art project or the sky changing
146. Put googly eyes on everything in your fridge
147. Paint the blades of a [fan](#)
148. Set up a camera to figure out what your pet does when you're not home
149. Slide down a hill on a plastic tray
150. Put Mentos in a bottle of Coke

151. Stage a unicorn murder
152. Find out where the nearest mechanical bull is, and go ride it
153. Put a mini boombox in a briefcase and walk around while dramatic music plays, you fancy business person, you
154. Decide what fads and trends are going to stick out in history from the decade you're currently in
155. Make a care package for someone you love
156. Start a blog
157. Join the Creepy Hearts Club
158. Begin an art journal
159. Draw an outline of your body on a giant piece of paper
160. Symbolically adopt an animal
161. Have a cardboard tube fight
162. Paint a rock
163. Twirl a plate on a stick
164. Make yourself a daily to do list
165. Plan your funeral
166. Watch old cartoons from your childhood
167. Roll down a hill
168. Become fluent in Pirate Speak
169. Get a henna tattoo



170. Press your fingers in ink and use your fingerprints to make up the leaves on a tree drawing
171. Spend a day doing good deeds
172. Contort your face with Scotch tape
173. Visit an animal shelter
174. Go to a candy store and try something obscure
175. Make a friendship bracelet
176. Light sparklers and dance
177. Cultivate your ideal fast food meal via multiple drive-thrus
178. Try balloon twisting
179. Practice parallel parking
180. Wear a wig (and practice French braiding)
181. Play Messy Twister
182. Find a new place to get delicious tacos

183. Make a paper fan
184. Learn a yo-yo trick
185. Hug a cat



186. Complete a Mad Lib
187. Rub a balloon on your head
188. Have a crafternoon with a friend
189. Volunteer
190. Decorate your mailbox
191. Go caroling (bonus point if it's not December)
192. Start a novel
193. Make your own tongue twister
194. Make a list of excuses for when you want to call out of work (ex: trapped in an oil painting)
195. Make book plates and put them inside all the books you own
196. Put quarters in all the toy vending machines at the supermarket
197. Tie dye a shirt, shower curtain, or tote bag
198. Work on your Boston accent
199. Prepare for a holiday far in advance
200. Twerk



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